

念  
情

*Nian Qíng: Being Present with Emotion*

*Nian* 念 - Mindful, Being Present

Upper Image: 今 *Jīn*-Being Present

Lower Image: 心 *Xīn*-Heart, Mind

*Qíng* 情 - Emotion, Passion

Left Image: 忄 *Xīn*-Heart, Mind (abbreviated form of Heart image)

Right Image: 青 *Qíng*-Blue/Green, The verdant color of life

Upper Image: 生 *Shēng*-A plant growing from the earth

Lower Image: 丹 *Dān*- Cinnabar (red, in an alchemist's crucible)

*Being Present with Emotions;  
Mindful of Emotion*