

## Basic Program Classes

### Acupressure Fundamentals **\$150**

July 17-18	Weekend	10am-5pm
Aug 5-26	Thursdays	7pm-10pm
Sept 7-8	Tu / W	9am-4pm

### Basic Acupressure **\$350 / \$400**

July 24-25	Weekend	9am-5:30pm
Sept 2-30	Thursdays	7pm-10pm
Sept 11-12	Weekend*	9am-5:30pm

### Intermediate Acupressure **\$350 / \$400**

July 5 & 12	Mondays	9am-5:30pm
Aug 7-8	Weekend	9am-5:30pm
Sept 18-19	Weekend*	9am-5:30pm

### Advanced Acupressure **\$350 / \$400**

July 19 & 26	Mondays	9am-5:30pm
Aug 28-29	Weekend	9am-5:30pm
Sept 25-26	Weekend*	9am-5:30pm

### Anatomy & Physiology **\$385 / \$435**

July 9-11	F 6:30pm-9:30pm; S/S 9am-5:30pm
Sept 14-28	Tuesdays* 10am-5pm

### Business Practice & Ethics **\$100 / \$150**

Aug 2	Monday	5pm-9pm
Sept 29	Wednesday*	11am-4pm

### Acu-Oil Foundations **\$255 / \$305**

July 3-4	Weekend	10am-5pm
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### Acu-Reflexology Foundations **\$255 / \$305**

Aug 14-15	Weekend	10am-5pm
Sept 15-16	W / Th*	9am-4pm

### Acu-Yoga Foundations **\$255 / \$305**

Sept 4-5	Weekend	10am-5pm
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### Ashiatsu Foundations **\$255 / \$305**

Sept 13- Oct 4	Mondays	7pm-10pm
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### Tui Na Foundations **\$255 / \$305**

July 20-21	Tu / W	9am-4pm
Aug 21-22	Weekend	10am-5pm
Sept 22-23	W / Th*	9am-4pm

### Zen Shiatsu Foundations **\$255 / \$305**

July 8-29	Thursdays	7pm-10pm
July 31-Aug 1	Weekend	10am-5pm
Sept 9-10	Th / F*	9am-4pm



## Schedule of Classes July - September 2010



\* These classes are part of an "Intensive" program - Students can usually finish within 4 weeks.

When two prices are shown (e.g. \$360/\$410) it indicates Program and Non-Program rates (Program/Non-Program)



### Mini Classes

<b>Skin Brushing</b> <b>\$20</b>	<b>Releasing Back Tension &amp; Pain</b> <b>\$35</b>
July 8 Thursday 7pm-10pm T Sherman	Aug 16 Monday 7pm-10pm K Christensen
<b>Facial Acupressure</b> <b>\$75</b>	<b>Acupressure for Insomnia</b> <b>\$30</b>
July 9 Friday 10am-5pm J Piper	Aug 25 Wednesday 7:30pm-10pm J Frye
<b>Releasing Shoulder &amp; Neck</b> <b>\$35</b>	<b>Chair Tui Na</b> <b>\$35</b>
July 19 Monday 7pm-10pm J Piper	Sept 1 Wednesday 7-10pm K Davis
<b>Acupressure for Parents &amp; Kids</b> <b>\$20</b>	<b>Acupressure for Common Complaints</b> <b>\$30</b>
Aug 3 Tuesday 3pm-5pm J Katz	Sept 13 Monday 6pm-9pm J Piper

[www.AcupressureInstitute.com](http://www.AcupressureInstitute.com)

510-845-1059 / 800-442-2232

1533 Shattuck Ave., Berkeley, CA 94709

## Advanced Program Classes

July 2010

**Tui Na II** **\$360 / \$410**  
July 3-4 Weekend 9am-5:30pm B O'Dea

**Tui Na Applications: Yin** **\$310 / \$360**  
July 6-7 Tu / W 9am-4pm K Davis

**Basic Lomi Lomi** **\$310 / \$360**  
July 10-11 Weekend 10am-5pm K Ching

**Craniosacral Therapy** **\$310 / \$360**  
July 12-Aug 9 Mondays 7pm-10pm D Wortz

**Traditional Asian Theory I** **\$360 / \$410**  
July 14-15 W / Th 9am-5:30pm B O'Dea

**Touching Spirit Too!** **\$310 / \$360**  
July 16 & 23 Fridays 10am-5pm J Carter

**Animal Communication** **\$310 / \$360**  
July 17-18 Weekend 10am-5pm G Quigley

**Touch for Health** **\$310 / \$360**  
July 24-25 Weekend 10am-5pm A Hiatt

**Medical Qigong I** **\$360 / \$410**  
July 31-Aug 1 Weekend 9am-5:30pm B O'Dea

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(e.g. \$360/\$410) it indicates  
Program and Non-Program rates  
(Program/Non-Program)



**NEW Classes!**

August 2010

**Practical Anatomy: Shoulders & Arm** **\$360 / \$410**  
Aug 2 & 9 Mondays 9am-5:30pm J Donak

**Meridian Lomi Lomi** **\$310 / \$360**  
Aug 7-8 Weekend 10am-5pm K Ching

**Reiki for Animals** **\$310 / \$360**  
Aug 7-8 Weekend 10am-5pm T Wilson

**Practical Treatment Points** **\$310 / \$360**  
Aug 10-31 Tuesdays 7pm-10pm F Chung

**Ethics & Energetics** **\$160 / \$210**  
Aug 12 Thursday 9am-4pm J Carter

**Zen Shiatsu II: Common Complaints** **\$360 / \$410**  
Aug 13 & 20 Fridays 9am-5:30pm K Kapps

**Tui Na III** **\$360 / \$410**  
Aug 14-15 Weekend 9am-5:30pm B O'Dea

**Health, Hygiene & Contraindications** **\$160 / \$210**  
Aug 16 Monday 10am-5pm A Hiatt

**Traditional Asian Theory II** **\$360 / \$410**  
Aug 18-19 W / Th 9am-5:30pm B O'Dea

**Adv. Meridians: H / SI / B / K** **\$360 / \$410**  
Aug 21 & 22 Weekend 9am-5:30pm J Oliver

**Ashiatsu: Back / Standing** **\$310 / \$360**  
Aug 27 & Sept 3 Fridays 10am-5pm E Spencer

**Thai Massage: Table** **\$335 / \$385**  
Aug 28-29 Weekend 9am-5pm K Carrin

**Chinese Herbs for Women** **\$310 / \$360**  
Aug 30-31 M / Tu 10am-5pm S Nachlinger

September 2010

**Healing Imagery I** **\$310 / \$360**  
Sept 1-2 W / Th 9am-4pm J Carter

**Table Shiatsu** **\$310 / \$360**  
Sept 4-5 Weekend 10am-5pm A Hiatt

**Apprenticeship Training** **\$310 / \$360**  
Sept 8-29 Wednesdays 7-10pm K Davis

**Intuitive Acupressure** **\$310 / \$360**  
Sept 10 & 17 Fridays 10am-5pm S Nachlinger

**NMT: Stretching & Strengthening Foundations** **\$360 / \$410**  
Sept 11-12 Weekend 9am-5:30pm J Donak

**The Chakras** **\$310 / \$360**  
Sept 18-19 Weekend 10am-5pm S Nachlinger

**Tui Na: Sports Applications** **\$360 / \$410**  
Sept 20 & 27 Mondays 9am-5:30pm J. Donak

**Moxa, Cupping & Magnets** **\$310 / \$360**  
Sept 25-26 Weekend 10am-5pm B O'Dea

**Assessment & Applications I** **\$360 / \$410**  
Sept 30 - Oct 1 Th / F 9am-5:30pm J Carter

**Adv. Meridians: P / TW / GB / Lv** **\$360 / \$410**  
Oct 2-3 Weekend 9am-5:30pm J Oliver