

Acupressure Institute / November & December Classes

Basic Classes

Business Practice & Ethics Janiece Piper
Nov 3 Tuesday 6 - 10pm \$100 / \$200

Intermediate Acupressure Jason Frye
Nov 4 - Dec 9 Wednesdays 7:30 - 10pm \$350 / \$450

Anatomy & Physiology Jim Donak
Nov 6 - 8 Friday 6pm - 10pm; Weekend 9am - 5pm
\$385 / \$485

Fundamentals of Acupressure Janiece Piper
Nov 10 - Dec 1 Tuesdays 7 - 10pm \$150 / \$150

Advanced Acupressure Alice Hiatt
Nov 14 & 15 Weekend 9am - 5:30pm \$350 / \$450

Tuí Na Foundations Kathleen Davis
Nov 16 - Dec 7 Mondays 7 - 10pm \$255 / \$355

Reflexology & Acupressure Alice Hiatt
Nov 21 & 22 Weekend 10am - 5pm \$255 / \$355

Touch for Health Alice Hiatt
Dec 2 & 3 Wed-Thurs 9am - 4pm \$310 / \$410

Fundamentals of Acupressure Michael Reed Gach
Dec 5 & 6 Weekend 10am - 5pm \$150 / \$150

Tuí Na Foundations Jason Frye
Dec 10 & 11 Wed-Thurs 9am - 4pm \$255 / \$355

Zen Shiatsu Michael Reed Gach
Dec 12 & 13 Weekend 10am - 5pm \$255 - \$355

Basic Acupressure Alice Hiatt
Dec 19 & 20 Weekend 9am - 5:30pm \$350 / \$450

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www.AcupressureInstitute.com

510-845-1059 / 800-442-2232

Special Classes for the Season

Boost Your Immunity Joseph Carter \$35
Nov 10 Tuesday 7 - 10pm - or - Dec 4 Friday 7 - 10pm

Relieving Holiday Emotional Stress
Joseph Carter & Michael Reed Gach \$35
Dec 4 Friday 2 - 5pm - or - Dec 8 Tuesday 7 - 10pm

Acu-Yoga Meditations & Sound Healing
Michael Reed Gach \$15
Dec 10 Thursday 7:30 - 10pm - or - Dec 16 Wednesday 7:30 - 10pm

Essential Oils for Health & Healing
Robin Gayle & Joseph Carter \$150 **
Dec 15 Tuesday 10am - 5pm - or - Dec 16 Wednesday 10am - 5pm

Hot Stone Massage Alice Hiatt \$140 **
Dec 15 Tuesday 10am - 5pm - or - Dec 16 Wednesday 10am - 5pm

Essential Oils & Hot Stone Massage Clinic
Alice Hiatt, Joseph Carter & Robin Gayle \$140 **
Dec 17 Thursday 10am - 5pm

** Sign up for all 3 Hot Stone & Oil days for just \$375

Acupressure Institute Holiday 2009 Discounts

Take 1 Class * Save \$30 per class!

Take 2 or 3 Classes * Save \$60 per class!

Take 4 or 5 Classes * Save \$100 per class!

* 12-hour (or longer) class.

Discount applies only to classes taken between 11/2/2009 and 12/30/2009.

Any refunds will be given as credit towards future classes.

Non-Program Students get these same discounts off of our Non-Program prices!

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When two prices are shown (e.g. \$310/\$410) they indicate the Program Rate and the Non-Program rate (Program/Non-Program).

Advanced Classes

Tuí Na 3 (Jing Luo) Brian O'Dea
Nov 7 - 8 Weekend 9am - 5:30pm \$360 / \$460

NMT - Stretch & Strength: Foundations Jim Donak
Nov 9 & 16 Mondays 9am - 5:30pm \$360 / \$460

Reiki Tom Wilson
Nov 12 - 13 Thurs, Friday 9am - 4pm \$310 / \$410

Tuí Na Applications-Yang Kathleen Davis
Nov 14 - 15 Weekend 10am - 5pm \$310 / \$410

Assessment & Applications I Joseph Carter
Nov 19 - 20 Thurs, Friday 9am - 5:30pm \$360 / \$460

Tuí Na Applications-Yin Jason Frye
Nov 21 - 22 Weekend 10am - 5pm \$310 / \$410

Practical Anatomy: Forearm and Hand Jim Donak
Nov 24 & 30 Mondays 9am - 5:30pm \$360 / \$460

Reiki for Animals Tom Wilson
Nov 28 - 29 Weekend 10am - 5pm \$310 / \$410

Advanced Meridians (Lu LI St Sp) Janet Oliver
Nov 28 - 29 Weekend 9:30am - 5:30pm \$350 / \$450

Tuí Na: Sports Applications Jim Donak
Dec 5 - 6 Weekend 9am - 5:30pm \$360 / \$460

NMT - Stretch & Strength: Lower Body Jim Donak
Dec 7 & 14 Mondays 9am - 5:30pm \$360 / \$460

Chair Shiatsu Michael Reed Gach
Dec 8 - 9 Tues, Wed 9am - 4pm \$310 / \$410

Pulse & Tongue Brian O'Dea
Dec 12 - 13 Weekend 10am - 5pm \$310 / \$410

Acupressure Body Psychology Janet Oliver
Dec 19 - 20 Weekend 9:30am - 5:30pm \$350 / \$450