



Putting the Tea Back into TCM

茶  茶

w/ David Caruso-Radin

Friday July 8, 2011 7 - 9:00 pm
Upstairs @ 1533 Shattuck Ave. Berkeley, CA 94709

Free!

Come enjoy a tasty, relaxing evening of talk and tea with one of the friendliest "Tea Snobs" you could ever meet, David Caruso-Radin! You will learn about *Cha* - 茶 - Tea - it's cultivation, it's culture, and it medicinal values. *Plus* - You'll have the opportunity to taste three teas - a Green, an Oolong, & a Red (Black)!

And Yes! - this evening is a "teaser" for David's upcoming class at AI - *Integrative Nutrition: East Meets West* July 29 & August 5 9 am - 4 pm
This Integrative Nutrition class is part of AI's Acu-Summer Camp!

Tuition is only **\$288** (regularly \$310/\$360)

And we're adding a Lunch Time Field Trip to the Imperial Tea Court to the class,
Buy or Bring Your Lunch, and AI Pays for the Tea!



David
Caruso-Radin

David Caruso-Radin is a Licensed Acupuncturist, certified by NCCAOM as an Asian Bodywork Therapist, a practitioner & teacher of Qi Gong, and an expert on all things dealing with *Camellia Sinensis*. His studies in Integrative Nutrition with Paul Pitchford ("*Healing with Whole Foods*") inspired the class he created for AI -

Integrative Nutrition: East Meets West