

# Acupressure/Shiatsu Practitioner Evaluations

## I. Prerequisites:

- Complete all required courses.
- Pay tuition in full.
- Choose one of the following instructors to be your evaluator and call in advance to schedule an evaluation:

Alice Hiatt (510) 339-2450/ Brian O'Dea (510) 428-0459/ Joseph Carter (510) 524-4151  
Kathleen Davis (510) 528-8853/ Janet Oliver (510) 526-4016/ Janiece Piper (510) 548-0402/  
Jason Frye (510) 717-6795

- Deliver to your Evaluating Instructor the following **typewritten** materials one to two weeks prior to your appointment. (The Evaluating Instructor will inform you where you will deliver your materials.):
  1. Five written assignments OR projects: 1-2 pages, typed, double-spaced.
  2. Seven practical write-ups on bodywork sessions: 1-2 pages, typed, double-spaced.
  3. A list of questions and/or reflections you would like to discuss with your Evaluating Instructor.
  4. Recommendations to the Acupressure Institute:
    - Did you find some teaching techniques especially helpful?
    - Have you had any difficult experiences at the Acupressure Institute?
    - How can we improve our school?
    - How the school can help you to become more successful?

## II. Verbal Evaluation: (20 minutes) In-depth discussion of one of your write-ups, including:

- **Assessment Skills:** Questioning, observing, listening, using five elements, face reading and interviewing techniques. Pulse reading optional.
- **Treatment Plan:** What extraordinary channels, meridians, points (jin shin, alarm, yu, source, base) would you use and why.
- **Self-Help Information:** Points, techniques, foods and exercises.

## III. Hands-On Evaluation: (30 minutes) You will be asked to:

- Locate source, yu, and base points.
- Trace a couple of meridians and describe their traditional associations.
- Give a shoulder/neck release.

## IV. Final Evaluation: (Approximately 10 minutes) Treatment touch feedback, recommendations and suggestions for further growth, study and personal development.

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**Acupressure Institute**

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